

DANCE + ZUMBA® + YOGA CLASSES - BROADWAY

	10.00am	11.00am	12.00pm	1.00pm		4.15pm	5.15pm	6.15pm	7.15pm
MONDAY	Zumba®	P&C Yoga*				P&C Yoga*		Yoga	Dance
TUESDAY	Zumba®	Yoga						Zumba®	Yoga
WEDNESDAY	Dance	P&C Yoga*				P&C Yoga*	Yoga		Zumba®
THURSDAY	Zumba®	Yoga						Zumba®	Yoga
FRIDAY				Yoga			Yoga		
SATURDAY	Yoga	Zumba®							

DANCE + ZUMBA® + YOGA CLASSES - HURSTVILLE

	10.15am	11.15am	12.15pm			5.30pm	6.30pm	7.30pm
MONDAY	Dance					#	Yoga	
TUESDAY		P&C Yoga*				#		Yoga
WEDNESDAY	P&C Yoga*		#			Yoga	#	
THURSDAY		#	Yoga				Yoga	Zumba®
FRIDAY								
SATURDAY		Yoga	#					

*P & C Yoga - Parent and Child Yoga - Open to all members with a focus on Parents and Children

Zumba® - Classes taught by Zumba® registered instructors:

Alexandra Mearns, Ileana Georgeson, Christine Theodossiou and Nancy Aliferis

Future Zumba® or Dance classes to be scheduled